

## BREAKOUT 2 ON 2

**PURPOSE:** To work on the 2x2 coverage in a game-like situation.

**SET-UP:** Forwards are set up along the boards on both sides of the ice and at both ends. Two defensemen start at the blue line, and two defensemen begin the play in the defensive zone by giving a breakout pass to the two forwards who have posted on the hash marks. The forwards proceed down the ice attacking the defensemen 2x2. The play continues to go until a goal is scored or the defensemen come up with possession of the puck and make an outlet pass to the next two forwards in line. The forwards will then attack the opposite end on two defensemen who have followed the play up the ice and are now positioned at the blue line. (Note: The defensemen should stay in the play for at least two repetitions, then rotate your next pair of defensemen into the drill as the play moves up the ice.)

