

DROP PASS 2-ON-0

PURPOSE: To teach how to give and receive drop passes and drive to the net for a quick shot.

SET-UP: Players start at center ice along the boards. P1 carries a puck to the middle of the ice and leaves a drop pass just inside the blue line and continues around the cone to the net. P2 cuts to the middle behind P1, picks up the puck and carries it around the cone, at which point he can either shoot or pass back across to P1 for a one-timer or a tip-in at the net. Players should keep their feet moving, continually driving to the net.

