

GOALTENDER PUCK CONTROL 2-ON-0

PURPOSE: To work on goaltenders moving to stop hard-around dump-ins and making breakout passes, puck support and timing for forwards.

SET-UP: Divide players into two equal lines beginning at hash marks in corners. On the whistle, X carries a puck up the ice past center and dumps the puck in around the boards so that it can be stopped behind the net by the goaltender.

The goaltender stops the puck and moves it quickly to the next player in line, O, stationed at the hash mark. O moves the puck to X who has looped in to support the puck on the breakout and then X and O move up-ice 2 on 0.

