

PUCK SUPPORT PASSING

PURPOSE: To sharpen passing skills and improve timing and positioning when moving to receive a pass.

SET-UP: Players divide into four equal lines at the blue line on the boards. Players at the start of the lines across the ice diagonally from one another will perform the drill simultaneously on a whistle. Each player will make a pass to the first player in the line at the opposite blue line. This player will pass the puck

across the ice to the second player in line. Meanwhile, the first player will have skated up-ice and across-ice (following the movement of the puck) to receive a pass before continuing up-ice to end

