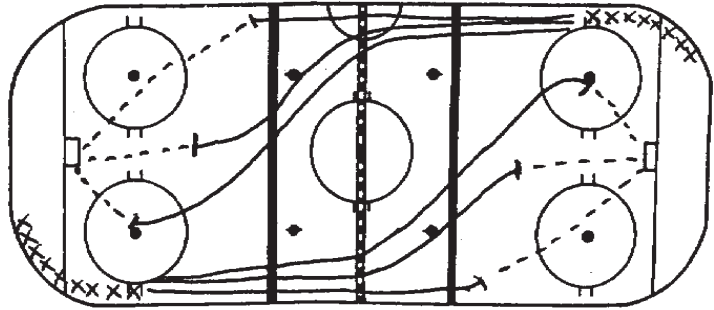


3-ANGLE SHOOTING

PURPOSE: To help goaltenders work on angles, movement and rebounds, while helping forwards and defensemen to master puck control and shooting.

SET-UP: Three players with pucks leave from each end on the whistle. The first player shoots from the boards at the blue line, the second from the top of the circle in the middle and the third from the dot on the far wing. The goalie receives shots from three different depths and angles.



goalies/#6 3angle