



The Toy Store  
for the  
Hockey Player



Always  
be  
prepared...  
on and  
off the  
ice!

# EQUIPMENT CHECKLIST

## ON-ICE

- Sticks (2)
- Skates
- Shin guards
- Garter belt and hockey socks
- Athletic cup and supporter
- Hockey Pants
- Elbow pads
- Shoulder pads
- Gloves
- Helmet with face mask
- Jersey  
Supplied by Suburban Hockey for summer programs.
- Mouth guard
- Throat protector
- Underwear
- Tape  
Bring a couple of rolls.
- Water bottle

### SUBURBAN HOCKEY

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### Helmet with face mask

Helmets approved by CSA and HECC are required at all times a player is on the ice.

### Elbow pads

Bring them and wear them always.

### Gloves

Make sure they're comfortable and still fit properly.

### Shin guards

Need to have them.

### Skates

Very important.  
Make sure they fit correctly.  
Get them sharpened and throw in an extra pair of laces just in case you break one when you tighten them up.  
Bring a towel to dry off your blades after you get off the ice.

### Shoulder pads

Required during all on-ice workouts.

### Hockey pants

including belt or suspenders

### Athletic cup

and supporter  
Don't leave home or step onto the ice without it.

### Garter belt and hockey socks

Either the old style belt and fasteners, or the newer velcro tabs attached to a snug fitting short with a built-in cup.

### Hockey Sticks

Bring at least two sticks with you and write your name somewhere on the shaft. Cut the shaft of your stick so that it is "up to your mouth when standing on your tip toes" (as though you were on skates).

**KOHO**

**CCM**

**JOFA**

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